



寻梦丝路 天镜青海

敦煌 / 格尔木 / 茶卡 / 西宁 / 张掖 / 嘉峪关

Dreamy Silk Road+QingHai

9D7N

CNDNHQ09

青海湖

Where Every Mile Tells a Story

Dreamy Silk Road + QingHai

DunHuang / GolMud / Chaka/ XiNing / ZhangYe / JiaYuGuan

9天7晚 寻梦丝路·天镜青海

Day
01

槟城/吉隆坡(约5.5hr) ✈️ 敦煌

机上用餐

- 集合于吉隆坡国际机场准备飞往**敦煌**, 抵达后入住酒店休息。

Day
02

敦煌(约1hr) 🚗 阳关(约6hr) 🚗 格尔木

早 午 晚

- **阳关(含电瓶车)** 阳关不仅是军事防御的重要部分, 也是中西交通的关键节点, 见证了丝绸之路的繁荣和多元文化的交流
- **昆仑山门纪念碑**, 是青藏公路筑路英雄永驻之地, 书写着用生命丈量雪域天路的永恒丰碑

Day
03

格尔木(约6hr) 🚗 茶卡镇

早 午 晚

- **茶卡盐湖天空壹号(含小火车)** 平静的湖面像镜子样, 反射着美丽的令人陶醉的天空景色。

Day
04

茶卡镇(约4hr) 🚗 西宁

早 午 晚

- **青海湖(含小火车)** 中国最大的咸水湖, 被雪山、草原与沙漠环绕, 景色壮丽如画。
- **文逊牧场+投壶+射箭** 铺展在昆仑余脉与黄河臂弯间的星屑牧场
- **青藏高原藏族村寨**, 这里保存着古老的藏族文化与生活方式, 彩色经幡随风飘扬, 展现淳朴的高原风情。
- **莫家街夜市**, 是西宁最具人气的美食街, 汇聚青海特色小吃和地方风味, 夜晚灯火辉煌, 热闹非凡。

Day
05

西宁(约4.5hr) 🚗 张掖

早 午 -

- **峨堡牧场人家**, 这里草原辽阔, 牛羊成群, 浓郁的藏族风情与牧场生活交织, 让人感受淳朴自然的魅力
- **祁连大草原**, 被誉为“东方小瑞士”, 草原辽阔无垠, 牛羊点点, 雪山环绕, 景色如画。
- **张掖夜市**, 著名美食汇集地, 经常举办水幕电影和篝火晚会

Day
06

张掖(约3hr) 🚗 嘉峪关

早 午 晚

- **张掖七彩丹霞(含电瓶车)**, 大地之上的彩虹幻境, 被中国地理评为“中国最美的七大丹霞”之一, 堪称上帝遗落的调色盘
- **紫轩葡萄酒(含参观酒窖+红酒品鉴)**, 万里长城西端的嘉峪关市, 以葡萄酒酿造为主

Day
07

嘉峪关(约4hr) 🚗 敦煌

早 午 -

- **大地之子**, 呈现出一个在大地熟睡的婴儿状, 大地之子由此得名
- **无界**, 是目前中国唯一的也是最大的钢构建雕塑作品
- **汉武帝雕塑**, 巨幅雕像展示了汉武帝一统江山、胸怀万里的豪迈气概。
- **鸣沙山月牙泉(含电瓶车+鞋套+骑骆驼)**, 以山泉共处, 沙水共生的沙漠奇观著称于世, 被誉为“塞外风光之一绝”。
- **沙洲夜市+乡村振兴馆**, 是敦煌市最大的夜市

Day
08

敦煌(约5.5hr) ✈️ 吉隆坡

早 午 -

- **莫高窟(含数字电影+实体洞窟+区间车)** 莫高窟俗称千佛洞。中国四大石窟之一, 是世界上现存规模最大佛教艺术地之一

Day
09

吉隆坡/槟城

机上用餐

- 抵达吉隆坡, 返回美丽的家园。

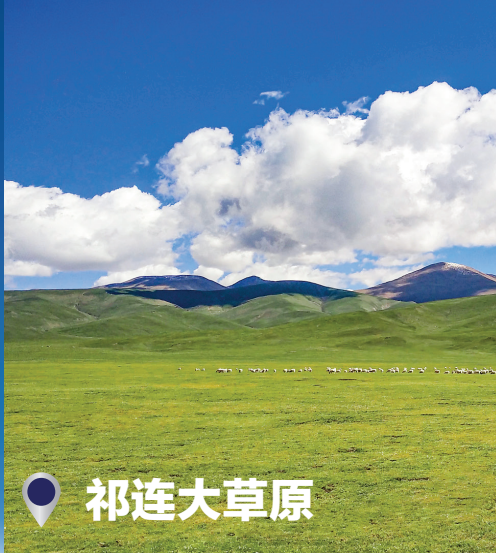
推荐自费项目 Optional Tour

1. 鸣沙山万人星光演唱会 RMB 80 / 人
Mingsha Desert Concert RMB 80/person
2. 乐动敦煌或者敦煌千手千眼舞台剧 RMB398 - RMB 298 / 人
Ledong Dunhuang Song and Dance Show
RMB398 - RMB 298/person

保证自费项目 Compulsory Tour

RMB 590/ PAX

- * 鸣沙山骑骆驼+鞋套
Mingsha Mountain Crescent Lake -
(shoe covers + camel ride)
- * 青海湖小火车 Qinghai Lake (train ride)
- * 茶卡小火车+鞋套
Chaka Salt Lake Sky (train ride+shoes cover)
- * 土火锅藏王宴 Tibetan King Banquet



祁连大草原



张掖七彩丹霞



鸣沙山月牙泉



茶卡盐湖天空壹号



Day
01

Penang/Kuala Lumpur(Est 6.5hr) ✈️ DunHuang

MOB

- Assemble at Kuala Lumpur International Airport , flight to **DunHuang**, then transfer to hotel check in.

Day
02

DunHuang

B L D

- **Yangguan(Incl Buggy Car)** to witnessing the prosperity of the Silk Road and the exchange of diverse cultures.
- **Kunlun Mountain Pass Monument**, A memorial to the heroes who built the Qinghai-Tibet Highway.

Day
03

Golmud (Est 6hr) 🚗 Chaka

B L D

- **Chaka Salt Lake Sky No.1 (incl. mini train ride)** , Known as the “Mirror of the Sky,” the lake reflects the breathtaking beauty of the heavens, creating a dreamlike scenery

Day
04

Chaka(Est 4hr) 🚗 XiNing

B L D

- **Qinghai Lake (incl. mini train ride)**, surrounded by snow-capped mountains, grasslands, and deserts, this is the largest saltwater lake in China.
- **Wenjia Ranch + Pitch-pot + Archery** – A scenic pastureland nestled between the Kunlun ranges and the Yellow River bend
- **Tibetan villages on the Qinghai-Tibet Plateau** - preserve ancient culture and traditions, with colorful prayer flags fluttering in the wind, showcasing
- **Mojia Street Night Market** – Xining’s most popular food street

Day
05

XiNing(Est 4.5hr) 🚗 ZhangYe

B L -

- **Ebao Ranch Homestay** Vast grasslands dotted with herds of cattle and sheep, offering a glimpse of authentic Tibetan lifestyle and natural charm.
- **Qilian Grassland** – Nicknamed the “Oriental Switzerland,” this vast and stunning prairie is surrounded by snow mountains and grazing herds
- **Zhangye Night Market** – A lively spot for food lovers, often featuring water screen movies and bonfire parties.

Day
06

ZhangYe(Est 3hr) 🚗 JiaYuGuan

B L D

- **Colorful Danxia (inclu. buggy car)** There are seven viewing platforms including Colorful Cloud Sea, Colorful Splendor, Colorful Aohetai, and Vientiane Earth Forest Valley.
- **Zixuan Winery (inclu wine tasting)** It is mainly engaged in wine brewing

Day
07

JiaYuGuan (Est 4hr) ✈️ DunHuang

B L -

- **Son Of The Earth(incl. buggy car)** It is located in the depths of the desert, presenting a baby sleeping on the earth, hence the name Son of the Earth
- **Wujie** – It creates a visual effect of both reality and illusion.
- **Emperor Wu of Han Sculpture** - The huge statue shows the heroic spirit of Emperor Wu of Han who unified the country and had a broad mind.
- **Mingsha Mountain Crescent Lake – (incl. buggy car + shoe covers + camel ride)** It has been known as the "desert wonder" since ancient times.

Day
08

DunHuang(Est 6.5hr) ✈️ Kuala Lumpur

B L -

- **Mogao Caves – (incl. bdigital flim + Sightseeing bus)** is commonly known as the Thousand Buddha Caves. There are 735 caves, 45,000 square meters of murals and 2,415 clay sculptures. It is the largest and most content-rich Buddhist art site in the world.

Day
09

Kuala Lumpur/Penang

MOB

- Arrival in Kuala Lumpur and back to sweet home

NOTE

*If there are any discrepancies between the Chinese version of the itinerary and the English version provided herein, the Chinese version shall prevail.

行程以中文版本为准。

*The sequence of the itinerary, flight schedules, hotels and optional tour prices are subject to change without prior notice and are not guaranteed in the event of unforeseen circumstances.

行程顺序、航班时间、酒店安排以及自费项目的价钱或会因不可预见的情况而有所变动并且不保证，恕不另行通知。

*Some activities may be influenced or altered based on the current weather conditions and no replacement available. Different groups may be combined into one tour. If any changes are not accepted, the refund policy stated in the terms and conditions must be followed.

一些活动可能会受到当前天气条件的影响或改变，且无替代安排。不同团体可能会合并为一个旅行团，如客户对任何更改不接受，则需按照条款和条件中所述的退款政策处理。

Disclaimer: Any travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Millennium Journey reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

免责声明: 任何旅游限制当地/ 宗教节日、公众假期、天气状况、交通等情况、自然灾害、必要时千禧旅游保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注: 如果旅游行程受到上述问题的影响, 将不予退款或更换。所有图片仅供参考。

行程特点 MJ's TOUR HIGHLIGHT



- 阳关(含电瓶车)
Yangguan(Inclu. Buggy Car)
- 茶卡盐湖天空壹号(含小火车)
Chaka Salt Lake Sky No.1 (inclu. mini train ride)
- 青海湖(含小火车)
Qinghai Lake (inclu. mini train ride)
- 张掖七彩丹霞(含电瓶车)
Colorful Danxia (inclu. buggy car)
- 莫高窟(含两场电影千年莫高+梦幻佛宫+电瓶车+8个实体洞窟)
Mogao Caves (Inclu. digital film + Sightseeing bus)
- 紫轩葡萄酒(含参观酒窖+红酒品鉴)
Zixuan Winery (inclu. wine tasting)



- 全宿当地4★级酒店 | 直飞敦煌
All-inclusive local 4★+5★ hotels | Direct Flight to Dunhuang



- 特色风味:
Special Cuisine
- 大漠风沙鸡风味
Desert Roast Chicken
- 青海汽锅鸡
Qinghai Steamed Chicken
- 土火锅藏王宴
Tibetan King Banquet
- 甘州排骨
Desert Roast Chicken
- 手抓羊肉
Hand-Pulled Mutton



文迦牧场



莫高窟

行程精华 Itinerary Highlight

- 国家5A级景区 - 鸣沙山 & 月牙泉
- 国家5A级景区 - 七彩丹霞
- 世界文化遗产 - 敦煌莫高窟
- 茶卡盐湖
- 5A – Mingsha Mountain & Crescent Spring
- 5A – Zhangye Danxia Landform
- 5A + UNESCO – Dunhuang Mogao Caves
- Chaka Salt Lake

敦煌福华国际酒店 或 同级 4★
DUNHUANG FUHUA INTERNATIONAL 4★ HOTEL OR SIMILAR

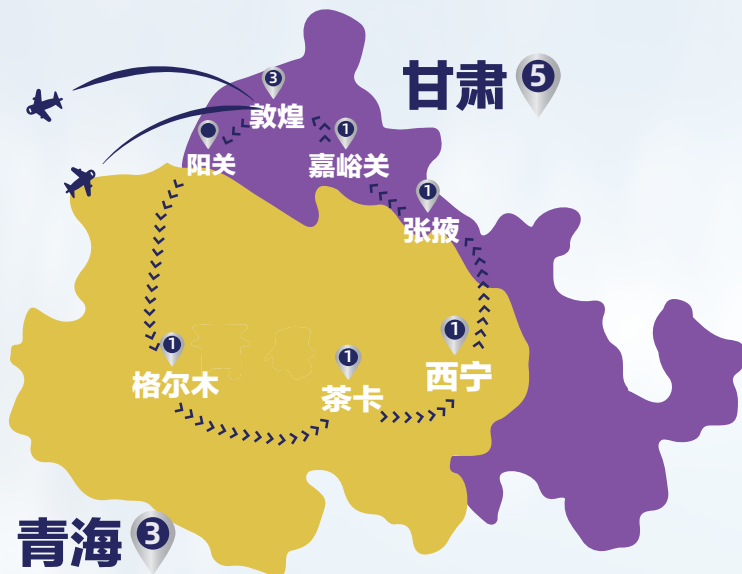
格尔木美豪酒店 或 同级 4★
GOLMUD METHOOD 4★ HOTEL OR SIMILAR

茶卡金恒基酒店 或 同级 4★
CHAKA JINHENGJI 4★ HOTEL OR SIMILAR

西宁智选假日 或 同级 4★
HOLIDAY INN EXPRESS XINING 4★ HOTEL OR SIMILAR

张掖铭嘉乐酒店 或 同级 4★
ZHANGYE MINGJIALE INTERNATIONAL 4★ HOTEL OR SIMILAR

嘉峪关白鹭隐居酒店 或 同级 4★
BAILU HIDDEN HOLIDAY 4★ HOTEL OR SIMILAR



Contact Person 联络号码:

Date & Price 时间:

Flight Details 航班时间: