



醉美秋色

哈尔滨

长白山镜泊湖

● 长白山

哈尔滨/镜泊湖/长白山/梅河口/红海滩/沈阳/长春
Harbin · Changbaishan & Jingpo Lake

8D7N

CNHRB08

● 镜泊湖

Where Every Mile Tells a Story

8天7晚 醉美秋色 · 哈尔滨长白山镜泊湖

Day
01

吉隆坡 ✈️ 哈尔滨

机上用餐 晚

- 根据航班时间专车送机。

Day
02

哈尔滨(4hr) 🚗 牡丹江

早 午 晚

- 打卡百年小镇-横道河子, 一个充满俄式风情的百年小镇, 仿佛一秒穿越到欧洲小村庄
- 俄罗斯老街、油画村、东正教堂, 彩色木屋+教堂穹顶, 很适合拍“假装在国外”的照片
- 网红远东机车库, 旧铁路工业遗址, 复古又有点酷, 网红打卡点
- 横道东北虎林园(含电瓶车), 近距离看东北虎, 气场真的很强

Day
03

牡丹江(1.5hr) 🚗 镜泊湖(3.5hr) 🚗 长白山

早 午 晚

- 镜泊湖风景度假区(含电瓶车), 世界最大的火山堰塞湖之一, 湖水超级平静像一面镜子
- 吊水楼瀑布, 夏天水量大很壮观, 冬天会变成“冰瀑奇观”
- 叶剑英题词, 出自叶剑英元帅之手, 为镜泊湖题字留念多了一点“国家级打卡点”的历史感
- 元首楼、聆听红罗女的传说, 一边看风景, 一边听故事, 多一点神秘感

Day
04

长白山(3hr) 🚗 梅河口

早 午 晚

- 长白山北景区(含环保车+天池倒站车), 上山方式很特别, 需要多次换车, 也是进入核心景区的唯一方式。
- 大天池, 火山口形成的湖泊, 天气好时像仙境(能不能看到全看运气)
- 小天池, 更安静的小湖, 有点像隐藏版景点
- 长白瀑布, 天池水流下形成的瀑布, 很有气势
- 聚龙温泉群(赠送一枚温泉鸡蛋), 地热奇观, 可以体验“温泉煮蛋”, 很好玩
- 绿渊潭, 水呈碧绿色, 非常梦幻, 是拍照好地方
- 不夜城自由逛

Day
05

梅河口(3hr) 🚗 沈阳(2hr) 🚗 盘锦

早 午 晚

- 知北村大街, 还原老东北生活街景, 有点像走进过去的年代。
- 供销社, 古满满, 可以看到很多“爸妈年代”的物品。
- 博物馆, 简单了解当地历史文化, 轻松逛一圈。
- 知北村小火车, 小巧可爱的观光火车, 适合拍照打卡。
- 花海自由拍摄美照老北市, 花海+复古建筑, 很出片的一站。

Day
06

盘锦(5hr) 🚗 长春

早 午 晚

- 盘锦红海滩风景廊道景区(电瓶车), 一整片“红色的海”, 其实是碱蓬草, 秋天最震撼。
- 爱情宣言廊、情人岛、廊桥爱梦、岁月小栈, 很适合去拍照打卡, 氛围感满满。
- 卧龙湖码头, 可以看湖景, 风景比较开阔。
- 稻梦空间这有山商圈打卡。

Day
07

长春(3hr) 🚗 哈尔滨

早 午 晚

- 防洪纪念塔, 哈尔滨地标之一, 纪念抗洪历史。
- 斯大林公园, 松花江边公园, 散步很舒服。
- 圣·索菲亚教堂广场, 俄式洋葱头教堂, 哈尔滨最经典画面。
- 中央大街自由逛(赠送品尝马迭尔冰棍)

Day
08

哈尔滨 ✈️ 吉隆坡

早

- 前往机场, 飞往吉隆坡, 返回温馨的家



东北虎林园



聚龙温泉群



镜泊湖



圣·索菲亚教堂



Day
01

Kuala Lumpur ✈ Harbin

MOB

D

- Private transfer to the airport according to flight schedule

Day
02

Harbin(4hr) 🚌 Mudanjiang

B L D

- **Hengdaohezi** – a century-old town with strong Russian charm, like stepping into a European village
- **Russian-style Old Street, Oil Painting Village & Orthodox Church** – colorful wooden houses and domes, perfect for photos
- **Far East Locomotive Depot** – a retro railway industrial site, trendy photo spot
- **Hengdaohezi Siberian Tiger Park** (includes shuttle) – get up close with majestic Siberian tigers

Day
03

Mudanjiang 🚌 Jingpo Lake (1.5hr) 🚌 Changbai Mountain (3.5hr)

B L D

- **Jingpo Lake Scenic Area** (includes shuttle) – one of the largest volcanic barrier lakes, calm like a mirror
- **Diaoshuilou Waterfall** – powerful in summer, transforms into an ice waterfall in winter
- **Inscription by Ye Jianying** – add historical significance to the site
- **Prime Minister's Guesthouse & the legend of Hongluo Lady** – scenic views with a touch of mystery

Day
04

Changbai Mountain (3hr) 🚌 Meihekou

B L D

- **Changbai Mountain North Scenic Area** (eco-bus + shuttle) – unique access to the core area
- **Heavenly Lake** – a volcanic crater lake, breathtaking if weather permits
- **Small Heavenly Lake** – quieter and more hidden
- **Changbai Waterfall** – formed by water flowing from the lake
- **Julong Hot Spring Area** (complimentary hot spring egg) – geothermal wonder
- **Green Abyss Pool** – crystal green water, perfect for photos
- Explore the **night market**

Day
05

Meihekou (3hr) 🚌 Shenyang (2hr) 🚌 Panjin

B L D

- **Zhibeicun Street** – a nostalgic recreation of old Northeastern life
- **Supply & Marketing Cooperative** – retro items from past decades
- **Museum** – a brief look into local culture and history
- **Zhibeicun Mini Train** – cute and photogenic
- **Flower fields at Laobeishi** – great for photography

Day
06

Panjin (5hr) 🚌 Changchun

B L D

- **Panjin Red Beach Scenic Corridor** (shuttle included) – vast “red beach” formed by seepweed, stunning in autumn
- **Lover's Promenade, Lover's Island, Dream Bridge, Time Station** – perfect for photos and romantic vibes
- **Wolong Lake Pier** – open scenic lake view
- **Rice Dream Space & “The Hill” shopping complex** – creative and trendy spots

Day
07

Changchun (3hr) 🚌 Harbin

B L D

- **Flood Control Monument** – a landmark of Harbin
- **Stalin Park** – a relaxing riverside park along the Songhua River
- **Saint Sophia Cathedral Square** – iconic Russian-style cathedral
- **Central Street** – free time for shopping and strolling (includes Madie' er ice cream tasting)

Day
08

Harbin ✈ Kuala Lumpur

B

- Transfer to airport for return flight



Stay at local 4-5★ hotels throughout



- 横道东北虎林园 (含电瓶车)
Hengdaohezi Siberian Tiger Park (includes shuttle)
- 镜泊湖风景度假区 (含电瓶车)
Jingpo Lake Scenic Area (includes shuttle)
- 赠送品尝马迭尔冰棍
Complimentary tasting of Madie'er Ice Cream
- 聚龙温泉群 (赠送一枚温泉鸡蛋)
Julong Hot Spring Area (complimentary hot spring egg)



· 特色风味:
Special Cuisine

- 镜泊湖鱼 Jingpo Lake fish
- 锅包肉风味 Sweet & Sour Pork
- 春饼风味 Spring Pancakes
- 烤肉风味 Barbecue
- 辽宁风味 Liaoning-style Dishes
- 河蟹风味 River Crab
- 东北饺子 Northeastern Dumplings



盘锦红海滩



长白山

- **Jingpo Lake** - One of the world's largest volcanic barrier lakes
- **Changbai Mountain** - National 5A-level scenic area
- **Panjin Red Beach** - National 4A-level scenic area
- **Saint Sophia Cathedral**
- **Hengdaohezi Siberian Tiger Park**

- STEIGENBERGER 5 ★ HOTEL OR SIMILAR

- HOLIDAY INN SHIMAO 5 ★ HOTEL OR SIMILAR

- CHANGBAI TIANDI 5 ★ HOTEL

- HANLIN RUIHE 4 ★ HOTEL OR SIMILAR

- RUISHI 5★ HOTEL OR SIMILAR

- FOUR POINTS BY SHERATON 5★ HOTEL OR SIMILAR



Flight Details 航班时间：